

Sacred Space

109 Ann Street Greenville, CA 95947 (530) 616 - 0032

Massage Demo-Day -

a fundraiser for Greenville Methodist Church Youth Group

Saturday, October 29, 2016

10am to 2pm

In Celebration of NMTAW

National Massage Therapy Awareness Week

Come to Sacred Space and learn more about three of my favorite Massage Techniques: Tui Na/Chinese Medical Massage/Acupressure ---- Sensory Repatterning and Soul Energy Healing. The fun begins at 10am with Tui Na. 11:15am will be Sensory Repatterning and at 12:30pm Soul Energy Healing will begin. I will demonstrate each technique on a willing volunteer as I talk more about its purpose, benefits and results. A \$5 - \$20 donation is requested to support the GMCYG. Stay for one modality or for them all! Reservations are encouraged!

91% of consumers believe massage is beneficial to health and wellness.

Research shows massage can reduce cancer related pain and fatigue.***

Massage can help improve sleep in children and adults.**

Massage therapy can assist in reducing the symptoms of anxiety and depression.**

*AMTA 2014 consumer Survey ** AMTA Position Statement. *** AMTA 2014 Industry Fact Sheet